

Boys & Maughan Family Fact Sheet - USEFUL CONTACTS

The legal process of ending a marriage or civil partnership can have a major emotional and financial impact on all family members.

Below is a list of organisations that may be able to provide you with additional assistance in resolving your differences &/or providing support in minimising the impact.



Family

For Children and Young People

www.childline.org.uk or call Childline's free 24 hour helpline on 0800 111. Lines are busy so please keep trying and you will get through. Childline provides lots of information including advice on living as part of a stepfamily.

www.cafcass.gov.uk Cafcass looks after the interests of children in family courts. If your parents are going to court because they can't agree on who will look after you, visit the children's section.

www.divorceaid.co.uk/child/children.htm read the children's section on this site, which is all about divorce. It discusses your emotions and has details of helplines, online advice, useful sites and books.

www.nyas.net (national youth advocacy service) Advice and information for young people, including free legal advice, on 0800 61 61 01 or email help@nyas.net.

www.nspcc.org.uk or call the NSPCC's free 24 hour helpline on 0800 800 500. You can also email help@nspcc.org.uk for advice and they will reply within 24 hours.

www.worriedneed2talk.org.uk the NSPCC's site for young people that includes lots of info about all sorts of problems, including family break ups.

www.youngminds.org.uk visit the children and young people's pages on this website for help and advice.

www.coping-with-life.org.uk Many schools have a copy of a CD called *Coping With Family Change*. Try looking in the school library for it, or ask a teacher.

For Parents

Please note that there is helpful information for parents as well as for children and young people on the websites detailed above in addition to those listed below.

www.oneparentfamilies.org.uk website providing information and fact sheets for parents who are separating or parenting apart.

www.parentlineplus.org.uk website providing information, on-line community and a range of publications for all parents.

www.seperatedfamilies.org.uk The Centre for Separated Families. The centre has an excellent email service dealing with issues from benefits to advice to the court process email advice@seperatedfamilies.org.uk or 0845 478 6360

www.fatherhoodinstitute.org The Fatherhood Institute describes itself as the UK's Fatherhood Think Tank. The website has a lot of useful information and links for fathers and a section for separated fathers.

www.familymediationhelpline.co.uk This helpline provides information about mediation, how to find a mediator (including links to finding a mediator in our area) and what to expect. Family mediation can help in resolving all sorts of family-related disputes. Tel: 0845 60 26 627

www.resolution.org.uk – An Association representing over 5700 family lawyers committed to the constructive resolution of family disputes. Home of the new '**Parenting after Parting**' initiative. See the Parenting after Parting pages on the website for information and advice for separated parenting and supporting your children through separation and beyond.

General Advice

www.nacab.gov.uk Citizen's Advice (formerly known as Citizens Advice Bureau) Citizens' Advice has offices across the country and can help with a broad range of issues – from debt advice to housing – and lots of things in between. The website also has a link to information specific to separation and divorce. Local offices are often busy – but don't give up – and use the website for general help.

www.nationaldebtline.org.uk Free, confidential advice on any debt issues. Tel: 0808 808 4000.

www.advicenow.org.uk The website of Advice Now – an organisation offering advice on a huge range of subjects – from benefits to divorce dealing with bailiffs – they also have a range of downloadable guides.

www.direct.gov.uk – Government website – go to Parents for further information and help on a range of parenting issues.

Contacts

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www.direct.gov.uk – Government website – go to Home and Community for details in regard to council house and housing association exchanges. Go to money, tax and benefits for information in regard to mortgages and claiming benefits.

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www.communitylegaladvice.org.uk – has a range of downloadable guides and leaflets relation to housing and linked issues or telephone 0845 345 345 for free legal advice on a range of subjects.

www.shelter.org.uk – Most people think of Shelter as the homelessness charity – however, they also provide a range of very useful advice for those buying, selling or renting a property – and in regard to benefits associated with housing. Tel: 0808 800 4444

www.easyhouseexchange.com – website for listing property for sale exchange or rental exchanges

www.homeswapper4sale.co.uk – website for listing homes for purchase via swapping.

www.homeswapper.co.uk – website for rental exchanges.

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www.womensaid.org.uk – website offering help and advice for female victims of domestic abuse. Tel: 0808 2000 247

www.mensadvice.org.uk – website offering advice and help for male victims of domestic abuse. Tel: 0808 801 0327 Monday – Friday: 10am -1pm and 2pm-5pm.

The contents of this fact sheet are general principles and do not constitute legal advice. Every case is different.



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www.boysandmaughan.co.uk